

Start Sheet for the

Northampton & District Cycling Association

10 mile Time Trial (TT Series Event 1 of 8)

Saturday 19th of August 2023 starting at 2 pm

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

This event is a counting event for all categories of the N&DCA Time Trial Series Championships and is organised on behalf of the N & DCA by Fenland Clarion and its Members.)

For the latest points tables visit the results website: <http://www.northamptondca.org.uk/>

Headquarters:

Sawtry Village Hall 37 Green End Rd, Sawtry, Huntingdon PE28 5UY

Facilities:

The HQ will be open from just after 12.30 pm for toilets and car parking. Parking is available around the back of the village hall. The HQ will close at 16:30.

Timekeepers: Sue Holliday & Jon Thorne **CTT Observer:** Ian Aunger

Start Line Official: (To 'manage' the start line and assist the start timekeeper): Barbara Gunn

Event Secretary: Richard Crook 07834667910

Prize Values	Handicap Prize
1st	£15
2nd	£12
3rd	£10
4th	£ 8
5th	£ 5

Please note that:

The handicap prize for this event is based on best improvement against predicted Spindata times. In the event of no Spindata prediction being generated which might be the case if not many events have been ridden recently, the time to beat will be the rider's PB for 10 miles as supplied by the CTT entry form data. To be eligible for this prize competitors must have a 10 mile best time to beat.



We have 5 spot prizes in this event which have been kindly donated by 76 Projects. Details of their products are available using this link <https://76projects.com/>. These will be awarded to the following riders:

- Middle placed male rider in the TT bike
- Middle placed male rider in the road bike categories
- Middle placed female rider in the TT bike
- Middle placed female rider in the road bike categories
- Rider closest to the event secretary's PB (21:00)

Local Regulations:

NO U-TURNS are allowed within sight of either the start or the finishing points. Riders carrying out this dangerous manoeuvre are liable for DISQUALIFICATION from the event and further disciplinary action by the district committee.

Please also remember that there is a need for good behaviour and consideration towards other road users and local residents in order to avoid any complaints being received.

Numbers:

These will be available at the Event Headquarters, not at the Start. Each number will have pins in each corner, please remove and place in box if not needed because you are using a NoPinz pocket. Also only use the corner pin holes and do not make more holes if using pins. Please ensure that the body number is clearly visible from behind and fixed on the lower back.

Signing In/Out:



FOUNDED 1935

PRESIDENT:
Sue Holliday

Please ensure that you sign the "Signing-On" Sheet when collecting your number and clearly call out your number when crossing the finish line. Please ensure you return your number to HQ and sign-out, using the "Signing-on/off" Sheet. Failure to do so will result in your exclusion from the Results. The HQ will close at 16:30.

Road Bike category

For your ride in this event to be eligible for the season long Road Bike category please indicate this on the signing on sheet by **ticking the appropriate box or writing RB next to your name**. The start line assistant will check your bike meets the road bike criteria at the same time as checking lights. To be eligible your bike must not have "tri-bars" or equivalent, disc wheels, less than 12 spokes or other fairings. In event of a dispute regarding RB eligibility, the organisers decision is final.

Compulsory Front/Rear Lights and Helmets:

Regulation 14(i) requires all Competitors to have affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

Regulation 14(j) requires all Competitors to have affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

Regulation 15 requires that all Competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.

Failure of any of the above three points will render the competitor not being allowed to start the event.

Doping Control:

This event may be subject to Doping Control. As soon as you have finished you should return to HQ as it is your responsibility to check if you are required for a Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the Result Board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure you comply.

Ride to the Start Point:

Turn left from the Headquarters Car Park and follow Green End Road to the Roundabout. Take the third exit on to the Toll Bar Way, turn left at the T Junction and pass over the A1. At the Roundabout take the first exit and the Start is a few hundred yards up the road on the left hand side .

COURSE IDENTIFICATION: COURSE NUMBER N1/10

START	On B1043 Sawtry opposite 3 rd electricity pole south of bungalow 900 yds south of Stanch Hill Roundabout
PROCEED	Northwards on B1043 to Stanch Hill Roundabout (0.510 miles) where
STRAIGHT ON	2 nd exit to St. Andrews Bridge Roundabout (0.944 miles) where
STRAIGHT ON	2 nd exit to Sawtry North Roundabout (1.339 miles) where
	(See SAFETY WARNING BELOW)
STRAIGHT ON	2 nd exit to Stilton Roundabout (5.195 miles) where
TURN	and retrace (5.237 miles) on B1043 south to Sawtry North Roundabout (9.065 miles) where
STRAIGHT ON	1 st exit to St. Andrews Bridge Roundabout (9.460 miles) where
STRAIGHT ON	1 st exit to Stanch Hill Roundabout (9.894 miles)where
STRAIGHT ON	1 st exit to:-
FINISH	On B1043, approx 200yds south of Stanch Hill Roundabout opposite the 1 st field entrance (10 miles)

SAFETY WARNING:

When travelling north from St. Andrews Bridge Roundabout you will approach the Sawtry North Roundabout downhill and will need to continue around the island further than is usual, so give yourself plenty of road space and adjust your speed so you can negotiate the roundabout safely.

At all roundabouts please be cautious of traffic joining the roundabout from other directions.

Please do not ride with your head down, as well as looking out for other competitors and other road users you also need to look out for any potholes or areas of damaged road surface.

COURSE NOTES:

The only motor vehicles associated with the Event allowed near Start or Finish will be those of the Timekeepers

If passing any Horse Riders, please give due consideration and plenty of space.

Please refrain from warming up on the course after the event has started, as this causes extra work for the timekeepers.

Please keep well into the side, while waiting to start.

You must observe the Highway Code and comply with traffic law and regulations. You must also ride in a manner that is safe for yourselves and all others, and must rely on your own ability and judgement in dealing with hazards, though every effort has been made to marshal the course and the position of 'Event Aware' signs, so as to minimise the risk, as required by the Course 'Risk Assessment'. The onus is still on you the rider, so familiarise yourself with the course details.

Season long competition prizes:

Please note that the actual value of the cash prizes awarded for performance in the various categories will be published after the last event of the season when the total prize fund is known as determined by the surplus generated by the event entry fee income.

Trophies:

Trophies and end of season competition prizes will be awarded at the annual Prize Award Lunch (usually held in January). NB Separate event prizes will be awarded after the last event in the series, not after each event.

The Association's 12-hour trophies will be awarded to members of Association Clubs for their performances in any open 12-hour event held under CTT Rules & Regulations. The Association's Long Distance BAR will be awarded to the highest placed rider of an Association Club in the National BBAR. Qualifying events are marked B in the CTT Handbook

For more information on the season long competitions and N&DCA trophies, including past winners, please refer to our website:

www.northamptondca.org.uk

Good luck and trust you all have a good and trouble free ride.

Richard Crook – event secretary

Competitors:

(A) = Association Club

Categories: S = Senior W = Woman J = Junior/ Juvenile

Masters Men: A = 50-54, B = 55-59, C = 60-64, D = 65-69, E = 70-74, F = 75 plus

Masters Women: A = 40-44, B = 45-49, C = 50-54, D = 55-59, E = 60-64, F = 65 plus

***NB Masters age category is age on day of first N&DCA event ridden this year.**

Juniors/Juveniles:

For the 2023 season there are no separate juvenile or junior sections, only a single U19 category, i.e. Those Competitors aged under 18 or have their 18th birthday during 2022

No.	Name	Club	Association Club	Gender	Bike Category	Start
1	Georgina Jennings	Fenland Clarion CC	A	Female	TT Bike	14:01:00
2	Ann Shuttleworth	Cambridge CC	A	Female	TT Bike	14:02:00
3	Sarah Bentley	Fenland Clarion CC	A	Female	TT Bike	14:03:00
4	Lynne Scofield	Rockingham Forest Wheelers	A	Female	Road Bike	14:04:00
5	Annette Wylid	Fenland Clarion CC	A	Female	TT Bike	14:05:00

6	Dawn Donaldson	St Neots CC	A	Female	TT Bike	14:06:00
7	Hayley Moore	Ilkeston Cycle Club		Female	TT Bike	14:07:00
8	Melissa Denman	Velo Bavarian		Female	TT Bike	14:08:00
9	Lindsay Clarke	Fenland Clarion CC	A	Female	TT Bike	14:09:00
10	Trevor Parrish	A5 Rangers CC	A	Male	TT Bike	14:10:00
11	Michael Church	Rockingham Forest Wheelers	A	Male	Road Bike	14:11:00
12	David Cook	Bedfordshire Road CC	A	Male	Road Bike	14:12:00
13	Ian Short	Team Salesengine.co.uk	A	Male	TT Bike	14:13:00
14	John Dainty	Rockingham Forest Wheelers	A	Male	TT Bike	14:14:00
15	Graham Bickle	Kings Cliffe Flyers	A	Male	Road Bike	14:15:00
16	Norman King	St Neots CC	A	Male	Road Bike	14:16:00
17	Noel Toone	Kettering CC	A	Male	Road Bike	14:17:00
18	Murray Kirton	A5 Rangers CC	A	Male	TT Bike	14:18:00
19	Adrian Briers	Chronos RT		Male	TT Bike	14:19:00
20	Chris Shaw	Fenland Clarion CC	A	Male	TT Bike	14:20:00
21	David Creese	Chronos RT		Male	TT Bike	14:21:00
22	Harry Tozer	Fenland Clarion CC	A	Male	TT Bike	14:22:00
23	Patrick Ellerbeck	St Neots CC	A	Male	Road Bike	14:23:00
24	Nigel Tomlinson	Rockingham Forest Wheelers	A	Male	TT Bike	14:24:00
25	David Hallam	Fenland Clarion CC	A	Male	TT Bike	14:25:00
26	Cameron Leslie	Royal Air Force Cycling Association		Male	TT Bike	14:26:00
27	Steve Clarke	Fenland Clarion CC	A	Male	TT Bike	14:27:00
28	Pete Trotman	A5 Rangers CC	A	Male	TT Bike	14:28:00
29	Steve Skelhon	Fenland Clarion CC	A	Male	TT Bike	14:29:00
30	Ed Stivala	Team Milton Keynes		Male	TT Bike	14:30:00
31	Mike Deely	Rockingham Forest Wheelers	A	Male	TT Bike	14:31:00
32	Paul Breeze	Peterborough CC	A	Male	TT Bike	14:32:00
33	Philip Merritt	Fenland Clarion CC	A	Male	TT Bike	14:33:00
34	Lawrence Cox	Welland Valley CC	A	Male	TT Bike	14:34:00
35	Adam Wells	Rockingham Forest Wheelers	A	Male	TT Bike	14:35:00
36	Dominic Whitehead	Cambridge CC		Male	TT Bike	14:36:00
37	Joe Matthews	Peterborough CC	A	Male	TT Bike	14:37:00
38	Ian Waddilove	Fenland Clarion CC	A	Male	TT Bike	14:38:00
39	Matthew Cook	Bedfordshire Road RT	A	Male	TT Bike	14:39:00
40	Philip Jones	Peterborough CC	A	Male	TT Bike	14:40:00
41	Casper Raynard	University of Leeds Cycling Club		Male	Road Bike	14:41:00
42	Adrian McHale	Peterborough CC	A	Male	TT Bike	14:42:00
43	Stephen Butterworth	St Ives CC		Male	TT Bike	14:43:00
44	Jack Eastman-Nye	Peterborough CC	A	Male	TT Bike	14:44:00
45	Warren Drew	Rapha Cycling Club		Male	TT Bike	14:45:00
46	Mark Tomlinson	Peterborough CC	A	Male	TT Bike	14:46:00
47	Michael Martin	CC Ashwell	A	Male	TT Bike	14:47:00
48	Alex Hodgkinson	Ilkeston Cycle Club		Male	TT Bike	14:48:00
49	Richard Golding	Equipe Velo		Male	TT Bike	14:49:00
50	Jamie Murray	Peterborough CC	A	Male	TT Bike	14:50:00
51	Philip Wilkinson	Rockingham Forest Wheelers	A	Male	TT Bike	14:51:00
52	Sam McDonald	St Neots CC	A	Male	TT Bike	14:52:00
53	Malcolm Smith	Peterborough CC	A	Male	TT Bike	14:53:00
54	Simon Smart	DRAG2ZERO		Male	TT Bike	14:54:00

55	Mark Redwood	Velo Club Long Eaton		Male	TT Bike	14:55:00
56	Ryan Witchell	Team Salesengine.co.uk	A	Male	TT Bike	14:56:00
57	George Fox	George Fox Cycling Solutions	A	Male	TT Bike	14:57:00
58	Paul Pardoe	Peterborough CC	A	Male	TT Bike	14:58:00